

Healthy Relationships, Understanding Sexuality, and Self-Advocacy in Relationships (and preliminary information workshops)

This three-part curriculum, beginning on Monday, Jan. 26, is delivered in eight-week chunks, which total 24 weeks of learning.

- Part I Healthy Relationships
- Part II Understanding Sexuality
- Part III Self-Advocacy in Relationships

When a participant completes all three parts, they are welcome to join a discussion group that meets weekly and will continue to explore the topic.

Facilitators: 3LPlace Clinical Director Meghan Montgomery and Elana Himmelfarb, chief writer of the 3LPlace Curriculum, will lead the sessions. Both are certified sexuality educators for neurodiverse populations.

Info sessions: 3LPlace received so much interest and so many questions about this special series that we have scheduled three initial workshops to provide participants with an overview of the series, and answer questions to help determine what you might learn and how you might benefit from exploring this topic. The workshops will be hosted by both facilitators.

Parents and individuals (gendered or non-binary) are welcome to join. You may attend one, two or all three sessions. The workshop fee is \$25 each. Sessions will be at 4 p.m. on Monday, Oct. 26, Nov. 16, and Dec. 14 at 4 p.m. If you wish to attend a workshop, please contact mailto:kwilson@3LPlace.org.

Payment: Payments can be made in full (\$400 for each eight-week part) and paid by check to 3LPlace with the subject line "Healthy Relationships Group." Additionally, you can pay for the series or workshops by Venmo.